## Resources

## **Books for Siblings:**

- Henry's First- Moon by Lenore Look
- Sophie and the New Baby by Laurence Anholt
- Julius, the Baby of the World by Kevin Henkes
- Sheila Rae the Brave by Kevin Henkes
- A Pocketful of Kisses by Audrey Penn
- On Mother;s Lap by Ann Hebert Scott
- Smile, Lily! by Candace Fleming

## Books for Adults:

- Siblings Without Rivalry by Adele Faber
- How to Talk So Kids Will Listen & Learn So Kids Will Talk by Adele Faber and Elaine Mazlish
- Loving Each One Best by Nancy Samalin
- Beyond Siblings Rivalry by Nancy Samalin

## Other Resources:

• Creating a Family Article- Sibling Dynamics

https://creatingafamily.org/adoption-category/adoption-blog/overcomingunhealthy-dynamics-between-siblings/

- *Making Room in Your Family* Coloring Book
- Talk with other adoptive families!
  - Reach out to your social worker and see if they can connect you with other families in a similar situation
- Visit MNADOPT Helpline Mnadopt.org