



Children's  
Home Society  
of Minnesota

# Trauma Informed Parenting

## PARENT TRAINING ATTESTATION

Children's Home Society of Minnesota believes it is crucial for adoptive parents to receive as much information as possible about adoption, grief, trauma and transitions prior to placement. This training was intended to 1) expand your knowledge of the impact of trauma on the developing brain; 2) share common reactions children experience with international adoption; and 3) provide you with necessary tools to create a solid foundation when transitioning a child to your care through international adoption. **Each applicant must individually complete and submit this form.**

### Part 1: The Impact of Trauma on the Developing Brain

Date Viewed:

List two types of maltreatment.

How does trauma impact brain development in children?

### Part 2: International Adoption

Date Viewed:

Share one take away about trauma reactions in internationally adopted youth.

## Part 3: Tools and Strategies

Date Viewed:

Give one example of how to reframe a behavior.

Share one self care activity you will implement in your own life. What is it and how often do you hope to do this activity?

By signing this form, I attest that I completed all three segments of this training series.

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**Signature**

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**Printed Name**

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**Date**

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**Children's Home Signature**

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**Printed Name**

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**Date**

**Submit completed form for review to: [INTLtraining@chlss.org](mailto:INTLtraining@chlss.org)**